

INTENSITY

DANCE TEAM

-No Regrets-

2023-2024 Studio Schedule
 August 19, 2024 – May 24, 2025
 *Instructor Approval
 **Director Approval

MONDAYS

Studio 1

Studio 2

2:30-4:00 p.m.	IDT Black Team ** (12-16 year olds)	3:00-4:00 p.m.	IDT Gold Team Tech (9-12 year olds)
4:00-5:15 p.m.	IDT Gold Team** (9-12 year olds)	4:00-5:00 p.m.	IDT Black Team Tech. (12-16yr. olds)
5:15 -6:15 p.m.	IDT Jr. Hip Hop Team** (7-11 yr. olds)	5:00- 6:00 p.m.	IDT Black Team Ballet (12-16)
6:15 - 7:15 p.m.	IDT Turns" (11 & up)	6:00-7:00 p.m.	IDT Hip Hop Combo Class (10 and up)
7:15 - 8:15 p.m.	IDT Halloween Video Project (6 week session 9/11- 10/23 Professional Video Shoot 8-18 yr. olds)		

*Instructor Approval
 **Director Approval

TUESDAYS

Studio 1

Studio 2

3:15-4:00 p.m.	IDT Mini Team** (3-5 yr. olds)	3:30-4:00 p.m.	IDT Acro Level 1 (2-5 yr. olds)
4:00 -5:00 p.m.	IDT Junior Team** (6-8 yr. olds)	4:00-5:00 p.m.	IDT Acro Level 3 (10 &Up/Skills)
5:00-6:15 p.m.	IDT Hip Hop Team* (10 and up)	5:00-5:45 p.m.	IDT Jr. Team Tech. (6-8)
6:15- 7:30 p.m.	IDT Black Team II** (12-17 yr. olds)	5:45-6:30 p.m.	IDT Acro Level 2 (6-8/skills)

*Instructor Approval
 **Director Approval

WEDNESDAYS

Studio 1

Studio 2

3:30 - 4:45 p.m.	IDT Contemporary Team** (12 and older)	3:30-4:00 p.m.	IDT Creative Movement (2-5 yr. olds)
4:45 -5:45 p.m.	IDT Ballet 5* (12 and up)	4:00- 4:30 p.m.	IDT Ballet 1 (2-5 yr. olds)
5:45 -6:45 p.m.	IDT Jr Contemporary Team (9-11 yrs. old)	4:30-5:00 p.m	IDT Disney Combo** (9-11 yr olds)
6:45-7:30 p.m.	IDT Gold Team Turns* (8-11 yrs. old)	5:00 -6:00 p.m.	IDT Gold Team Ballet* (9-11 yr. olds)

*Instructor Approval
 **Director Approval

THURSDAYS

Studio 1

Studio 2

4:00-5:00 p.m.	IDT Gold Team II (9-11 yr olds)	4:15-5:00 p.m.	IDT Ballet 2 (6-8yr olds)
5:00-6:00 p.m.	IDT Junior Team II (6-8 yr. olds)	5:00-6:00 p.m.	IDT Junior Cheer Team (6-9 yr. olds)
6:00-7:00 p.m.	IDT Lyrical Team (6-8 yr. olds)	6:00-7:00 p.m.	IDT Senior Cheer Team (10-6 yr. olds)
7:00 -8:00 p.m.	IDT Senior Technique (11 and up)	7:00 -7:45 p.m.	IDT Jr Hip Hop Class (9-12 yr olds)

*Instructor Approval
 **Director Approval

SATURDAYS

Studio 1

9:00- 9:30 a.m.	IDT Cheer 1 (3-6 yr olds)
9:30-10:00 a.m.	IDT Disney Combo Class (2-5 yr. olds)
10:00-10:30 a.m.	IDT Tumbling 1 (2-5 yr. olds)
10:30-11:00 a.m.	IDT Hip Hop 1 (2-5 yr. olds)

Saturday Errand Bundle Drop kids off while you run errands-3 classes + snacks \$85.00/mo. 4 classes + snacks \$105.00/mo.

Dynamic Schedule- Dependent upon enrollment.

*Instructor Approval
 **Director Approval

Classes must have at least 5 students enrolled by October 10, 2022 to carry.
 Multiple Class Discounts (2nd class -\$10/mo., 3rd class -\$15.00/ mo., 4th class \$20.00/mo.)

Sibling Discounts (-\$5.00/mo. per sibling)
 Full Season prepaid tuition 5% discount

90 minute classes: \$80.00/mo.
 75 minute classes: \$75.00/mo.
 60 minute classes: \$70.00/mo.
 45 minute classes: \$60.00/ mo.
 30 minute classes: \$42.00/mo.

All class descriptions and registration @ intensitydanceteam.com
 Call: 435-503-1303