

# INTENSITY

## DANCE TEAM

-No Regrets-

### 2024-2025 IDT Vineyard Team Required Class Bundles

*\*\*Director Approval*

**IDT Senior Team Req. Class Bundle**  
 (12-18 yr olds) 5 classes 5 hours/week  
**\$270.00/mo.** (save \$25.00/mo tuition)

**Tuesday:(3:15-7:00 p.m.)** IDT Ballet 5, IDT Senior Technique, IDT Senior Turns, IDT Adv. Acro (or skills Acro 2 or Acro 3)

**Wednesday (3:00-4:15 p.m.)** IDT Senior Team\*\*

**IDT Senior Team Req. Class Bundle Plus+**  
 (12-18) 7 classes 7.5 hours/week  
**\$310.00/mo.** (Save 25.00+/mo. tuition)

**Tuesday:(3:15-7:00 p.m.)** IDT Ballet 5 IDT Senior Technique, IDT Senior Turns, IDT Adv. Acro (or skills Acro 2 or Acro 3)

**Wednesday (3:00-6:45 p.m.)** IDT Contemporary Team\*\*, IDT Senior Team\*\*, IDT Senior Hip Hop Team\*\*

**IDT Contemporary Team Req. Class Bundle**  
 As only team—without Senior or Black Team  
 (12-18 yr. olds) 3 classes/week 3.25 hours/week  
**\$150.00/mo.** (save \$25.00+/mo. tuition)

IDT Contemporary Team\*\* (Wed. 4:15-5:30 p.m.)  
 IDT Ballet 5 (Tue.3:15-4:00 p.m.)  
 IDT Senior Technique (Tues. 4:00-5:00 p.m.)

**IDT Hip Hop Team Req. Class Bundle**  
 As only team—without Senior, Black or Gold Team  
 (12-18 yr. olds) 3 classes/week 3.5 hours/week  
**\$150.00/mo.** (save \$25.00+/mo. tuition)

IDT Hip Hop Team (Wed. 5:30-6:45 p.m.)\*\*  
 IDT Senior Hip Hop Acro/Tricks (Wed. 6:45 - 7:45 p.m.)  
 OR Acro 2/3 (Tues. 4:00- 5:00 p.m.)  
 IDT Hip Hop 4 (Thurs. 7:15 - 8:00 p.m.)

**IDT Black Team Req. Class Bundle**  
 (12-17 year olds) 5 classes/week/ 5. hours/week  
**\$250.00/mo.** (save \$25.00/mo. tuition)

IDT Black Team\*\* (Thurs. 3:45- 5:15 p.m.)  
 IDT Black Tm. Technique (Thurs.5:15 - 6:15 p.m.)  
 IDT Black Team Ballet (Thurs. 6:15-7:00 p.m.)  
 IDT Hip Hop 4 (Thu.. 7:15 - 8:00 p.m. or matching Acro 2 or 3)  
 IDT Senior Turns (Tue. 5:00- 6:00 p.m.)

**IDT Black Team II Req. Class Bundle**  
 (12-17 yr. old 3 classes/week.) 3.25 hours/week  
**\$185.00/mo.** (save \$25.00/mo tuition)

IDT Black Team II\*\* (Thu. 3:30-5:00 p.m.)  
 IDT Black Tm. Tech. (Thu. 5:15 - 6:15 p.m.)  
 IDT Black Team Ballet (Thu 6:15-7:00 p.m.)

**IDT Gold Team Req. Class Bundle**  
 (9-12 yr. olds) 4 classes/week 4 hours/week  
**\$195.00/mo.** (Save \$25.00/mo. Tuition)

IDT White/Gold Team Tech. (Mon 4:30-5:15 p.m.)  
 IDT Ballet 3 (Mon. 5:15 -6:00 p.m.)  
 IDT Gold Team\*\* (Mon.6:00 - 7:15 p.m.)

Choose One of the following:  
 IDT White/Gold Turns Class (Mon. 7:15 - 8:00 p.m.)  
 IDT Acro 2 or 3(Tue. 4:00-5:00 p.m.)

**IDT White Team Req Class Bundle**  
 (9-12 yr. olds) 4 classes/week/4 hours/week  
**\$195.00/mo.** (save \$25.00/mo. tuition)

IDT White/Gold Tm. Tech. (Mon. 4:30 -5:15 p.m.)  
 IDT Ballet 3 (Mon. 5:15 - 6:00 p.m.)  
 IDT White Team\*\* (Mon.6:00- 7:15 p.m.)

Choose one of the Following:  
 IDT Acro 2 Dance (Tue. 5:00-6:00 p.m.)  
 IDT White/Gold Turns Class (Mon. 7:15- 8:00 p.m.)

**IDT Gold Team II Req. Class Bundle**  
 (9-12 year olds) 2 Classes/Week 1.75 hours/week  
**\$125.00/mo.** (save \$25.00/mo. tuition)

IDT Gold Team II\*\*(Mon. 3:30-4:30 p.m.)  
 IDT White/Gold Technique (Mon 4:30-5:15 p.m.)

**IDT Junior Team Req. Class Bundle**  
 (6-8 year. olds) 3 classes/week 2.5 hours/week  
**\$150.00/mo.** ((save \$25.00/mo tuition)

IDT Junior Technique (Wed. 4:15-5:00 p.m.)  
 IDT Ballet 2 (Wed. 5:00 - 5:45 p.m.)  
 IDT Junior Team\*\* (Wed. 5:45- 6:45 p.m.)

**IDT Junior Team II Req. Class Bundle**  
 (6-8 yr. olds) 2 classes/week. 1.75 hours/week  
**\$125.00/mo.** (Save \$15.00/mo. tuition)

IDT Junior Team II\*\*(Wed. 3:15 -4:15 p.m.)  
 IDT Junior Tm Tech. (Wed. 4:15 - 5:00 p.m.)

*Ballet, Acro (approved to add classes to personal schedule)  
 Highly Recommended, not Required*

**IDT Senior Cheer Team Req. Class Bundle**  
 As only team—without Senior or Black Team (10-16 year olds)  
 2 Classes- 2 hours/week  
**\$125.00/mo.** (save \$10.00/mo. tuition)

IDT Acro 2/3 (Tues. 4:00-5:00 p.m.)  
 IDT Senior Cheer Team\*\* (Tues. 7:00-8:00 p.m.)

**IDT Junior Cheer Team Req. Class Bundle**  
 (6-9 year. olds) 2 classes/week 2 hours/week  
**\$125.00/mo.** Save \$25.00/mo. on Tuition

IDT Acro 2/3 (Tues. 4:00-5:00 p.m.)  
 IDT Junior Cheer Team\*\* (Tues. 5:00 - 6:00 p.m.)