



## 2024-2025 Vineyard Studio Schedule

August 19, 2024 - May 24, 2025

\* Instructor Approval

\*\* Director Approval

All class descriptions on website: [www.intensitydanceteam.com](http://www.intensitydanceteam.com)

MONDAY	
Studio East	Studio West
	3:00-3:45 PM IDT Creative Ballet (3-5 yrs)
3:30 - 4:30 PM IDT Gold Team II** (9-12 yrs)	3:45-4:30 PM IDT Mini Team** (2-5 yrs)
4:30-5:15 PM IDT White/Gold Technique (10-15 yrs)	4:30 - 5:15 PM White/ Gold Technique (9-12 yrs)
5:15-6:00 PM IDT Ballet 3 (9-12 yrs)	5:15-6:00 PM IDT Mini Team II** (2-5 yrs)
6:00-7:15 PM IDT White Team** (9-12 yrs)	6:00-7:15 PM IDT Gold Team** (9-12 yrs)
8:00-9:00 PM IDT Adult Class (Hip Hop)	7:15 - 8:00 PM IDT White/Gold Team Turns* (9-12 yrs)

TUESDAY	
Studio East	Studio West
No AM classes in Studio East	
	9:30-10:00 AM IDT Ballet I (3-5 yrs)
	10:00-10:30 AM IDT Hip Hop/Jazz (3-5 yrs)
3:15-4:00 PM IDT Ballet 5* (12-18 yrs)	3:00-4:00 PM IDT Acro Level 2* Beginner
4:00-5:00 PM IDT Adv Senior Technique (12 yrs and up)	4:00-5:00 PM IDT Acro Level 3* Intermediate
5:00-6:00 PM IDT Senior Turns (12 yrs and up)	5:00-6:00 PM IDT Jr. Cheer Team (6-9 yrs)
6:00-6:45 PM IDT Hip Hop 2 (6-8 yrs)	6:00-7:00 PM IDT Acro Level 4* Advanced
6:45-7:30 PM IDT Jazz Combo (6-8 yrs)	7:00-8:00 PM IDT Sr. Cheer Team** (10 yrs and up)
	8:00-9:00 PM Adult Contemporary Class

WEDNESDAY	
Studio East	Studio West
Feb.-May IDT Senior Team** (12 yrs and up)	3:15-4:15 PM IDT Junior Team II** (6-8 yrs)
3:30-5:00 PM IDT Contemporary Team** (12-18 yrs)	4:15-5:00 PM IDT Junior Team Technique (6-8 yrs)
5:00-6:30 PM IDT Hip Hop Team** (12-18 yrs)	5:00-5:45 PM IDT Ballet 2 (6-8 yrs)
6:45-7:30 PM IDT All Guys Hip Hop (11 yrs and up)	5:45-6:45 PM IDT Junior Team** (6-8 yrs)
8:00-9:00 PM IDT Adult Class Ladies' Night Combo Class	6:45-7:45 PM IDT Sr. Hip Hop Acro/Tricks (12 yrs and up)

THURSDAY	
Studio East	Studio West
3:00-3:45 PM IDT Ballet 5 (12-16 yrs)	3:30-5:00 PM IDT Black Team II** (12-16 yrs)
3:45-5:15 PM IDT Black Team** (12-17 yrs)	5:15-6:15 PM IDT Sr./Black Team Tech (12-16 yrs)
5:15-6:15 PM IDT Jr. Contemporary Team** (9-12 yrs)	6:15-7:00 PM IDT Black Team Ballet (12-16 yrs)
6:15-7:15 PM IDT Jr. Hip Hop Team** (9-12 yrs)	7:15-8:00 PM IDT Hip Hop Acro 2 (9 yrs and up)
7:15-8:00 PM IDT Ballet /Jazz Combo (12 yrs and up)	

FRIDAY	
Studio East	Studio West
3:45-4:45 PM IDT Junior Hip Hop Team 2** (6-8 yrs)	4:00-4:30 PM Intro to Hip Hop 1 (2-5 yrs)
4:45-5:45 PM IDT Lyrical Team** (6-8 yrs)	4:30-5:00 PM Intro to Jazz/Disney Combo (2-5 yrs)
5:45-6:30 PM IDT Hip Hop 3 (10-13 yrs)	5:00-5:30 PM Intro to Ballet/Jazz Combo (6-8 yrs)
	5:30-6:30 PM IDT Performance Team 1 (6-9 yrs)
	6:30-7:30 PM IDT Performance Team 2 (10-15 yrs)

SATURDAY	
Studio East	Studio West
9:30-10:30 AM IDT Halloween Video Project 8 & up 6-week session 8/17-9/28	9:00-9:30 AM IDT Cheer (3-6 yrs)
	9:30-10:00 AM IDT Disney Combo (2-5 yrs)
	10:00-10:30 AM IDT Tumbling I (2-5 yrs)
	10:30-11:00 AM IDT Hip Hop 1 (2-5 yrs)
	11:00-12:00 PM IDT Acro 2 (6-9 yrs/skills)

Dynamic Schedule- Dependent upon enrollment.

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\*\*Director Approval

Adult Dance Classes	
Monday	
8:00 - 9:00 PM	Hip Hop (Studio East) \$25/mo.
Monday	
9:00 - 10:00 PM	Contemporary Class \$25/mo.
Wednesday	
8:00 - 9:00 PM	"Ladies Night" Class \$25/mo.
	\$8 drop in available

### Discounts Available:

Sibling Discounts (-\$10.00/sibling)
Multiple Class Discounts (-\$10/mo. 2 <sup>nd</sup> class, -\$15/mo. 3 <sup>rd</sup> class, -\$20/mo. 4 <sup>th</sup> class)
IDT Adult Dance Class Pass \$50.00 (All Adult Dance Classes)
Full Season prepaid tuition 5% discount (Paid by 8/15/2024)

90-minute classes \$80.00/mo.  
75- minute classes \$75.00/mo.  
60-minute classes \$70.00/mo.  
45-minute classes \$60.00/mo.  
30-minute classes 30.00/mo.

Call or Text 435-503-1303 or 385-399-9987 with any questions!  
Register Anytime at: [www.intensitydanceteam.com](http://www.intensitydanceteam.com)